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OVERCOMER: Breaking The Cycle Of Abuse



Synopsis

In this book, Yolanda Pelican talk about her experience with abuse. It will give you insight of her mindset when being abuse. She share her story on how she survived and turned away from abuse. Yolanda helps you see the excuses you tell yourself that keep you in an abusive relationship. â € Identify the lies youâ™ve accepted â € Identify the power of control in abuse â € Identify the signs of abuse â € How to forgive â € Identify that you need to love yourself

Book Information

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Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (5 customer reviews)

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Customer Reviews

Great read! Reading her story gave me chills. Knowing that someone could go through all of that and hide it on the outside is terrifying. I'm glad to she broke free from the abuse and is now inspiring women everywhere to stand up for themselves. Highly recommend, whether you have gone through abuse or not. Two thumbs way up!

Wonderful book you see so many women going through this who never shared there story. This book will help a few women to come out and let there story out. It will let them know that they can get out and have a normal life.

Heartbreaking yet inspiring story, beautifully written. Very impressed. Great job author. A must read for any woman who needs encouragement and empowerment to overcome her situation.

I absolutely love this book..... Great Read!!!!Very helpful for those who want to learn..... A must get.

Very moving, a must read for all women. Inspirational!

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